

Risk of transmission of Covid-19

This risk assessment is based on the following assumptions about Covid19:

1. The incubation period for COVID-19, which is the time between exposure to the virus (becoming infected) and symptom onset, is on average 5-6 days, however can be up to 14 days. During this period, also known as the “pre- symptomatic” period, some infected persons can be contagious.
2. A person can be infected with Covid19 and contagious, yet asymptomatic.
3. A person can become infected by breathing in respiratory droplets in the air from an infected person coughing or sneezing. These droplets generally only extend up to 1m away from the infected person and fall to the ground quite quickly, but the virus will be spread to surfaces where the droplets land and can remain there for a period of time (see below).
4. Faecal matter can give off virus particles, which can be carried in aerosols produced when a toilet is flushed.
5. A person can become infected by breathing in smaller airborne particles which can remain in the air for longer. Good ventilation will help these to disperse.
6. A person can become infected by touching a contaminated surface then touching their eyes, mouth, nose or food that they eat without cooking it.
7. Coronavirus can be spread between surfaces by a person carrying the virus on their hands then touching other surfaces.
8. Coronavirus is estimated to survive on surfaces for up to the following durations:

<u>Surface</u>	<u>Survival time</u>
Printed Paper	3 hours
Copper	4 hours
Cardboard	24 hours
Cloth	48 hours
Wood	48 hours
Plastic	72 hours
Stainless Steel	72 hours
Other metals	72 hours
Glass	4 days
Paper money	4 days

9. Things that will kill the virus:
 - a. Washing hands thoroughly with soap and warm water for 20 seconds, then fully drying them on a disposable towel
 - b. Using hand sanitiser with 62% or more alcohol content
 - c. Wiping surfaces with disinfectants containing a minimum of 1,000ppm chlorine
 - d. Washing cloth at 60°C then fully drying
 - e. Cooking food
 - f. Exposure to UV light
 - g. The virus drying out
10. Face coverings mainly reduce the risk of the wearer spreading airborne droplets to others, but may give a small measure of protection to the wearer.
11. The Scottish Government recommendation is to maintain 2m distance between persons not in the same household.
12. Dogs cannot catch Covid19. If the virus is on their fur, there is a minimal chance it will transfer to another dog or the hands of a human.

Risk of transmission of Covid-19 between Rover Rentals personnel (RR) and the Customers returning the motorhome

Note: if any of the Customers have experienced any Covid19 symptoms, however mild, during their hire of the motorhome, they must warn RR as soon as they become aware of this, and immediately on return. The Scottish Government advice is for the person(s) to return home as soon as possible to self-isolate. If acute symptoms or breathing difficulties are incurred, or life is at potential risk, then seek medical help immediately.

Risk	Possible Transmission method	Means of minimising risk	How to achieve this
Transmission by virus droplets in air	Coughing or sneezing within 1m of a person	<ul style="list-style-type: none"> - Maintain 2m distance between RR & Customers during handover. - If you feel the need to cough or sneeze, move away from everyone else, turn away from them and cough/sneeze into a tissue or the crook of your elbow. If possible, exit the motorhome before coughing/sneezing. 	<ul style="list-style-type: none"> - Customers exit the motorhome and take out all their possessions before RR enters to inspect it. - Customer's acceptance of the Return Inspection and provision of bank details will be done electronically, instead of on paper.
Transmission by fine airborne particles	Fine airborne virus particles remaining inside the motorhome	<ul style="list-style-type: none"> - Keep inside of the motorhome well ventilated 	<p>Provided the weather conditions allow:</p> <ul style="list-style-type: none"> - On arrival, Customers to open the cab windows. - On arrival, Customers to open the skylights in the main area, over the bed and in the toilet. - If it's raining, instead of the above, Customers to partly open the angled windows in the lounge and bedroom areas.
Transmission by virus on surfaces in the motorhome	RR touch contaminated surfaces while changing over the motorhome.	<ul style="list-style-type: none"> - Customers to observe good hand hygiene, cleaning of surfaces and disposal of waste (especially used tissues) while in the motorhome. - Customers to remove all their belongings, food and waste from the motorhome themselves. - RR to observe good hand hygiene throughout the changeover. - RR wear suitable PPE during the changeover. - RR follow strict cleaning and changeover procedures. 	<p>See attached cleaning procedures, based on the Scottish Government recommendations</p> <ul style="list-style-type: none"> - Customers NOT to strip the bed; this will be done in a controlled way as part of the changeover.

Risk of transmission of Covid-19 between Rover Rentals personnel (RR) and Customers collecting the motorhome

Note: if any of the Customers have experienced any Covid19 symptoms on their journey, however mild, they must warn RR immediately on arrival. Rover Rentals will require them to follow the Scottish Government advice which is to return home immediately to self-isolate. If acute symptoms or breathing difficulties are incurred, or life is at potential risk, then immediate medical help will be sought in Inverness.

Risk	Possible Transmission method	Means of minimising risk	How to achieve this
Transmission by virus droplets in air	Coughing or sneezing within 1m of a person	<ul style="list-style-type: none"> - Maintain 2m distance between RR & Customers during handover. - RR will not go inside the motorhome at the same time as the Customer. - RR will not go into the motorhome once cleaning is complete. - If you feel the need to cough or sneeze, move away from everyone else, turn away from them and cough/sneeze into a tissue or the crook of your elbow. If possible, exit the motorhome before coughing/sneezing. 	<ul style="list-style-type: none"> - All paperwork and viewing of driving licences, will be done outside (weather permitting) or under the cover of the garage door (if it's raining). - RR will provide videos about the motorhome and how to operate all equipment. These will be sent to the customers prior to arrival, and will also be available on the website, and on a memory stick that can be played on the TV inside the motorhome
Transmission by fine airborne particles	Fine airborne virus particles remaining inside the motorhome	<ul style="list-style-type: none"> - Keep inside of the motorhome well ventilated - RR will not go inside the motorhome at the same time as the Customer. - RR will not go into the motorhome once cleaning is complete. 	<ul style="list-style-type: none"> - RR will leave sufficient windows and/or skylights open to provide a through draught during the handover. - Customers must shut these (apart from cab windows) before moving off. - Unless absolutely necessary (for example to sort out a problem), RR will not go into the motorhome once the Customer has arrived.
Transmission by virus on surfaces in the motorhome	Surfaces or items used by the previous customer still contaminated	<ul style="list-style-type: none"> - Reduce the number of items in the motorhome that need to be disinfected during the changeover. - Where possible, swap items for a spare set that has been cleaned and/or left untouched for the required safe period since last use. 	<ul style="list-style-type: none"> - Remove non-essential extras such as games, DVDs, books, etc from the motorhome. (Issue new inventory) - Swap out the following items: <ul style="list-style-type: none"> o duvets and pillows o covers on all sofa and cab seating o cushions o all portable items used in the preparation and consumption of food o the toilet cassette o the road map

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			<ul style="list-style-type: none"> ○ the dog bed
		<ul style="list-style-type: none"> - As well as normal cleaning of the motorhome, wipe all surfaces regularly touched during the use of the motorhome with anti-viral disinfectant. 	See attached cleaning procedures, based on the Scottish Government recommendations
	Surfaces contaminated by RR while cleaning	<ul style="list-style-type: none"> - RR to wash hands thoroughly before entering the motorhome - RR to use appropriate PPE during the change-over 	<ul style="list-style-type: none"> - If the RR owner (who normally does the changeover) has caught the virus, or has had to self-isolate, then alternative person(s) will be employed to clean and prepare the motorhome instead.
Transmisison by virus on other surfaces	Signing of contract agreement	<ul style="list-style-type: none"> - RR to prepare the contract agreement and leave on a clipboard at least 24 hours before handover. - RR to wash hands before touching the clipboard to pass to the Customers. 	<ul style="list-style-type: none"> - Customers to bring own pens to fill-in and sign the contract agreement. - Customers to present their Driving licences to RR in such a way as to enable RR to take a photo of both sides without the need to touch the driving licence.

Risk of transmission of Covid-19 between Customers and the local community

Note: if any of the Customers experience any Covid19 symptoms, however mild, while hiring the motorhome, they must self-isolate and not interact with the local community unless absolutely necessary e.g. to obtain food, water or fuel, or empty a toilet cassette.

Rover Rentals will require them to return the motorhome immediately and follow the Scottish Government advice which is to return home as soon as possible to self-isolate. If acute symptoms or breathing difficulties are incurred, or life is at potential risk, then immediate medical help should be sought.

The Scottish people want to welcome you to visit their lovely country, but bear in mind that you pose more of a risk to them, than they do to you since there is currently a very low incidence of the virus in Scotland. Please be aware that one infectious person acting irresponsibly and travelling around Scotland, could spread the virus to numerous communities. Also, be aware that many remote communities have very few healthcare facilities - there are only 7 ICU beds in Inverness for the whole of the Highlands plus Argyle & Bute!

Please remember that the means of transmission between yourselves and the local community are:

- a) droplets in the air from coughing or sneezing,
- b) droplets in the air from aerosols created from the toilet flushing,
- c) fine airborne particles remaining in the atmosphere especially inside buildings,
- d) touching surfaces that are contaminated with virus then touching other surfaces (spreading it) or touching your mouth, nose or eyes (potentially catching it).

It is not possible/practical to go through all the possible scenarios and risks of transmission between yourselves and the community, so please be extra vigilant when out in the community or in public places, and make every effort to show that you are being considerate and trying to minimise the risk of spreading the virus.

Please observe all the Scottish Government guidelines/mandatory actions:

- Stay 2m away from people not in your household
- Wash your hands with soap and warm water for at least 20 seconds, then dry your hands. Do this regularly, and as soon as you get back home (i.e. to the motorhome).
- Wear a face covering on public transport and in enclosed public spaces.
- Try not to touch your mouth, eyes, nose and face.

A reminder of ways to minimise the risk of catching/spreading the virus which include, but are not limited to:

- Wear a face covering in shops, even if it's not mandatory.
- Whenever possible, only one person should go into a shop at a time.
- Follow the arrows and spacings in shops to achieve correct social distancing. Be patient if someone in front of you is moving slowly – you're on holiday!
- If it's impossible to pass someone and keep 2m away, turn your head away from them as you pass.
- Use any hand sanitiser provided by shops before entering.
- Don't touch things in shops unnecessarily.
- Always carry tissues with you, in case you need to sneeze or cough.
- If you feel the need to cough or sneeze, move away from everyone else, turn away from them and cough/sneeze into a tissue or the crook of your elbow. If possible, go outside before coughing/sneezing.
- Put the toilet lid down before flushing when using public toilets. (This is not necessary in the motorhome, as it does not have a strong flush).
- Dispose of all your litter, especially used tissues, into proper bins.
- Do not pet other people's dogs and discourage them from petting yours.

In the motorhome we will swap or disinfect as many items and surfaces as possible, but it's not possible to do them all, so good hygiene is the key...

Stay safe and enjoy your holiday!